

SAMHSA: Helping Youth Cope With Disaster

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(https://www.youtube.com/watch?v=3_DTY36SzDY&list=PLBXgZMI_zqfRcTt9ndxkbieQ-pQslk-R6&index=23)

Knowledge Questions

**Please email (dharrow.fam@gmail.com) or text (478-227-2139) responses with your name.
Thank you!*

1. List five (5) common reactions to trauma that children have.
2. Are forgetfulness, stubbornness, and acting out common for children who have been exposed to trauma?
3. What are three (3) things that personal and community caregivers can do to help youth?
4. Who/what receives blame for traumatic events?
5. Name one thing that children like to do after a traumatic event (known as “active coping”).